

FERN LODGE, Inc.

18457 Madison Avenue, Castro Valley, California 94546



FERN FRIEND NEWSLETTER

a non-profit Nursing Home for Christian Scientists
accredited by the Department of Care of The Mother Church

APRIL 1975

(415) 886-2448

CHALLENGE AND OPPORTUNITY

Since 1971, when we assumed the obligation of operating Fern Lodge, the meta-physical and financial support of friends has enabled us not only to operate in the black, but also to upgrade and improve the facilities of the home. For this generous support and encouragement, we cannot be too grateful.

Today we are facing further challenges. On the one hand, students of Christian Science are constantly phoning or writing, begging that we make room for them, so that they can receive needed nursing care. (At present there are 14 on our waiting list.) To help meet this need, a modest expansion is being planned, which will enable us to care for six more guests, add a practitioner's room, a lounge for nurses, and enlarge the kitchen and dining area to ample size for recreation and meetings.

Preliminary drawings have been sent to the Department of Care of The Mother Church, and a petition for variance is in the hands of the County Planning Commission. At current construction costs, even a modest addition is very costly, but we are grateful that donations received, including several recent bequests, will enable us to meet one-third of the estimated costs of expansion. And we are confident that when our program is finally approved and made known to the field, the necessary additional contributions will be forthcoming.

There is also another serious challenge about which we believe all Fern Friends should be informed. In the past year due to steadily rising costs, operating expenses have been running higher than operating income. Previously we were able to devote

all donations to upgrading the home, but now, for some months we have found it necessary to dip into donations in order to pay for the day-to-day costs of operating the home. Renewed efforts are being made to reduce costs and keep them at a minimum, but we can go only so far in this direction if we want to maintain the quality of care given to our guests. So now, more than ever, we are dependent on the faith of our friends in the service we are rendering and their determination and generosity in seeing that Fern Lodge continues to operate and serve the Christian Science field.

OPEN HOUSE AT FERN LODGE TIMELY

National Nursing Home Week is being celebrated this year from May 11 to 18. This happily coincides with our OPEN HOUSE at Fern Lodge right after our Annual Meeting on Sunday afternoon May 18th.

You are invited to lemonade and cookies on our patio and a tour of the Lodge. It is just ten minutes away. We will operate our own car-shuttle to the Lodge and back to the Hayward Church and your car.

"PRINCIPLE VERSUS PERSONAL SENSE IN CHRISTIAN SCIENCE NURSING"

This was the title of a talk given in March by Mr. John Grant, C.S. of Oakland, to the nursing staff of Fern Lodge at their quarterly metaphysical meeting.

The subject was tailor-made to handle the claims of institution and the inspiration from it was powerful. He assured the nurses that the error of "personal sense" is the prince of this world" who all must constantly be on the alert to overthrow.

OLYMPICS

FERN LODGE STYLE



Every Wednesday a lady from the Adult Education Department arrives in the main house living room with an arm-load of recreation equipment to stimulate the active participation of the guests with such old favorites as horse-shoes (made of rubber) and ball-throwing (ball made of styrofoam.)

It has been a nice change of pace and is eagerly joined by a number of "old-pro's". Occasionally some of the nurses passing through can't resist showing-off their talents and they too have a go at making "ringers" with the hard rubber horse-shoes.

OUR NEW "FERN FRIENDS" CO-ORDINATOR

We have found our new Co-ordinator of Volunteers in Mrs. Dorothy Gordon of Pleasanton. She is also our newest member of the Board of Directors of Fern Lodge.

Working directly with the patients last fall as a nurse-aide trainee stimulated her to think of many fresh ways to bless them individually.

We appreciate her warm compassionate sense of our mission here at Fern Lodge and are grateful that she feels able to volunteer her co-ordinating skills to best use the time and talents of our "Fern Friends". Her telephone number is (415) 846-5801.

TWO ATTEND BUDGET PREPARATION SEMINAR

Our book-keeper and one of our Board members recently attended a one-day seminar entitled "Budgeting for the not-for-profit Organization" given by the California State University, Hayward.

Presenting practical approaches towards the establishment of sound fiscal goals and operations, the seminar taught us how to make a useful budget as a guide for making realistic operating decisions during these economically challenging times.

SPRING ADVENTURE '75

A weekly Wednesday 9 to 12 A.M. Nurse-Aide Training program taught by our Administrator Mrs. Emily Valentine has been our answer this spring to Fern Lodge's continued interest in introducing Christian Scientists to the field of Christian Science Nursing.

This new once-weekly format takes the place of our three previous "Spring Adventures in Nursing" which we held in the springs of '72, '73 and '74.

So far we are scheduled to teach the Nurse-Aide program in May and again in June to two new people who intend to go on to first year training at Arden Wood.

Anyone wishing to sit in on these lively Wednesday morning sessions or to ask questions about them may phone or write to our Administrator at Fern Lodge.

To mention just one of the happy results of the Wednesday training program is the addition to our staff of our first male nurse-aide Mr. Arthur Sohlman.

THE PATIENT'S BILL OF RIGHTS

What a Christian Scientist has the right to expect from the Christian Science nurse(s) attending him

1. That he will receive wholehearted support of his desire to rely radically on Christian Science for healing; that his nurses shall be members of The Mother Church in good standing, who have a demonstrable knowledge of Christian Science practice themselves, who will be steadfast in truth, and will uphold the work of the Christian Science practitioner on the case, with expectancy of healing.

2. That he will be treated with brotherly love, compassion, consideration, dignity, firmness, gentleness, kindness, patience and respect; and with due regard for his safety and well-being.

3. That he will be given prompt and expert Christian Science nursing care, which will meet his need for comfort, cleanliness, proper nourishment and suitable activity, in a manner consistent with the practical wisdom deemed necessary in the sickroom.

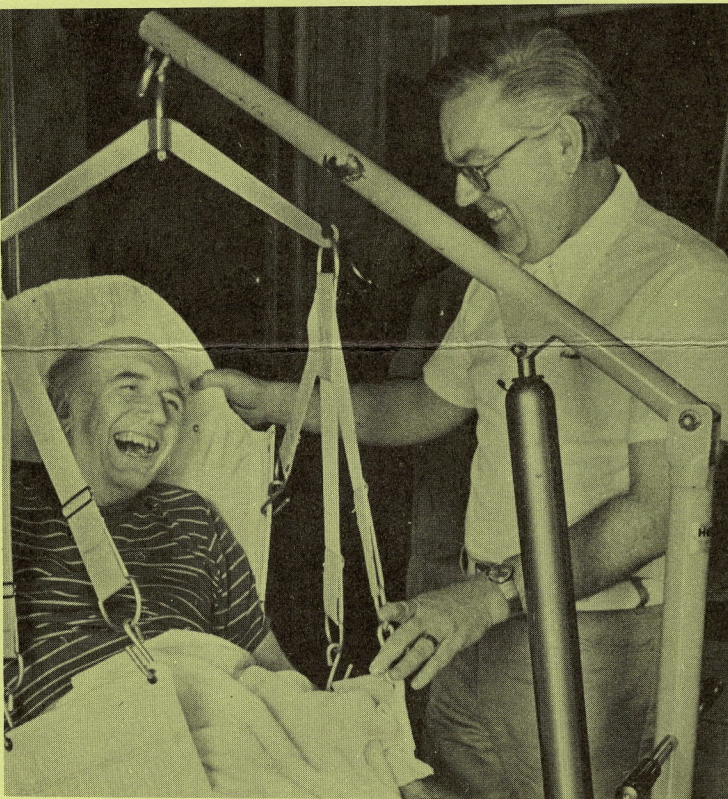
4. That his nurse will take steps to minimize any aggravation of his impaired physical or mental condition and encourage him in the direction of expressing mastery over any prevailing handicaps.

5. That his physical environment shall be clean, comfortable, suitably arranged and with proper ventilation and lighting.

6. That to the degree that he either needs or requests it, he shall be furnished assistance with his study of Christian Science through the reading of authorized Christian Science literature and the use of study aids available in Christian Science Reading Rooms.

7. That he will be accorded recognition of his unique individuality, and his need for privacy.

From the Department of Care
Revised October 1974



UP-HOLDING MRS. EDDY'S VISION

Miss Miriam Davies, Training and Accreditation Manager of the Care Department of The Mother Church, in a visit to Fern Lodge in February commented upon the unique family-type atmosphere of our Care facility.

She reminded the nursing staff that Christian Science nurses must cherish the perfect reflection of God in each patient they are nursing, and this is holding to Mrs. Eddy's vision.

She was happy to report that 132 practical nurses (one-year students) have been graduated in the two and one half years that the present Care Department Training program has been in operation. This is a very welcome influx of nurses to the field and has greatly relieved the chronic short supply. We are happy to have one of these new one-year graduates with us since October, Mrs. Catherine Schneider.

The further good news she brought was that second and third-year training will begin possibly this fall on the west coast. Several of our nurses expressed the hope to continue their training in what will be for them a more convenient location.

FERN LODGE THINKING SAFETY

Bob McVey, our Assistant Administrator spent a day at an OSHA seminar and is now making required safety modifications around the premises. The Occupational Safety and Health Act exists to provide a safe working environment for all employees.



Miss Belinda Lopez, who is studying Food Services in a local college, baked and served this lovely cake at a party given our guests by the Southern Alameda Chapter of Adventure/Unlimited.

RECEIVING PROVED THE RESULT OF MUCH GIVING!

One of our sharp patients did a clear thinking job on the problem of supply. At 102 she has inherited enough money to meet her needs indefinitely and no longer relies upon state-aid or benevolence. This lovely guest proudly recalls that she helped to build four Christian Science Churches!



The weekly lesson-sermon is read aloud in the main house living room every day, and complete services are conducted on Sundays and Wednesdays.



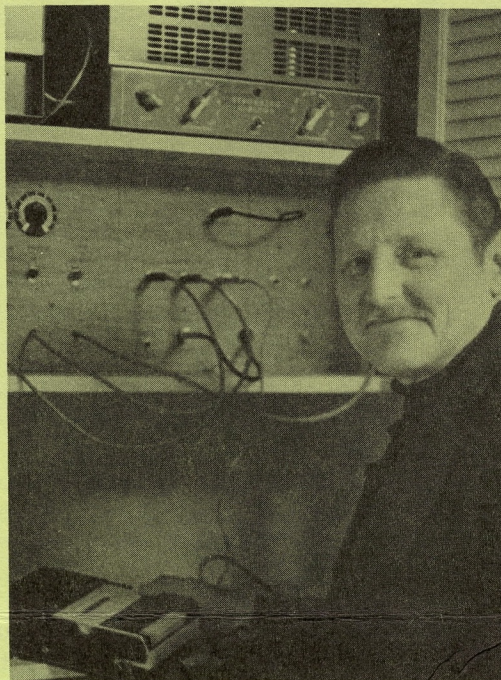
Fern Friends from San Francisco arrived the Saturday afternoon before Easter to take part in a musicale for the guests which included several happy hours of beautiful piano playing and singing along.

TAPING LECTURES FOR LATER REPLAY TO OUR PATIENTS

We are pleased to have received permission from the Christian Science Board of Lectureship, local sponsoring churches and the lecturers themselves, to tape lectures given this spring in our vicinity.

Following guide-lines set by the Department of Care for the replaying of lecture tapes in care facilities, we are gratefully using this opportunity to extend to our patients the blessing and healing effects of these lectures.

Our Fern Lodge Board member, Bob Young, has found that taping directly from the sound system gives the clearest reproduction.



DIRECTIONS TO FERN LODGE AND TO FIRST CHURCH HAYWARD FOR THE ANNUAL MEETING

East Bay:

Nimitz or MacArthur freeways.

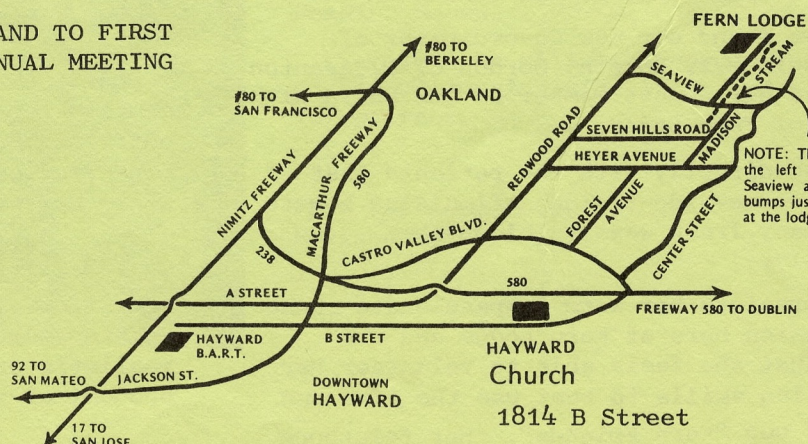
from Peninsula:

San Mateo Bridge through Hayward to B St.

from East:

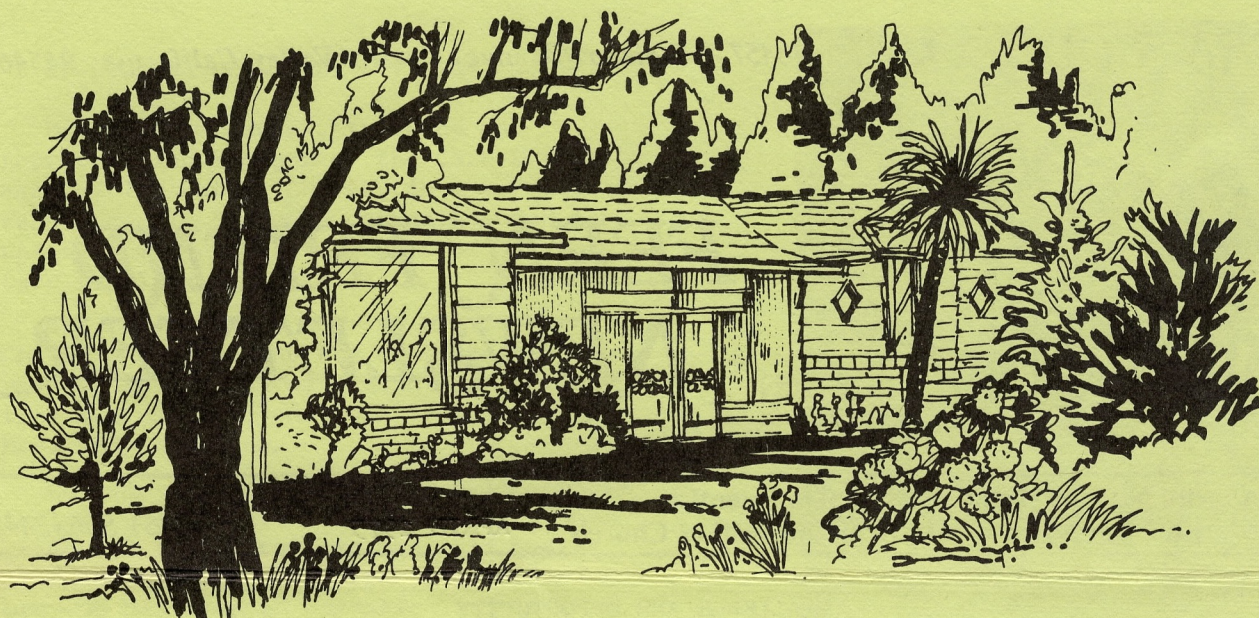
Route 580 or Crow Canyon Rd.

BART: Hayward Station



HAYWARD
Church

1814 B Street



'WILT THOU BE MADE WHOLE?'

FERN LODGE, Inc.

**lovingly invites you to hear the address of
HUGH MARTIN NIEMOELLER, C.S.B.**

of Berkeley, California

at its

ANNUAL MEETING

Sunday , May 18 , 1975 at 3pm

FIRST CHURCH OF CHRIST SCIENTIST, Hayward

1814 'B' Street, Hayward

(INFANT AND CHILD CARE AVAILABLE)

OPEN HOUSE at FERN LODGE

following the meeting

18457 Madison Avenue, Castro Valley

TRANSPORTATION WILL BE PROVIDED