

Spring '83

FERN LODGE FOCUS

*"... and the leaves of
the tree were for
the healing of the nations."*

Rev. 22: 2



A talk to be given by
RON BALLARD C.S.B.
at the

Fern Lodge Annual Meeting
Sunday, May 1 at 3:00 P.M.

1st Church of Christ, Scientist, Walnut Creek
2 Eckley Lane

Child Care Provided

CHRISTIAN SCIENCE NURSING: A WORLDWIDE ACTIVITY

"Nursing Worldwide Christian Healing" is the exciting topic of our Annual Meeting on Sunday, May 1. As a part of the widespread vital activity of Christian Science nursing which supports the mission of Christian healing, Fern Lodge will share with you some of the worldwide scope and fruitage which this nursing represents today.

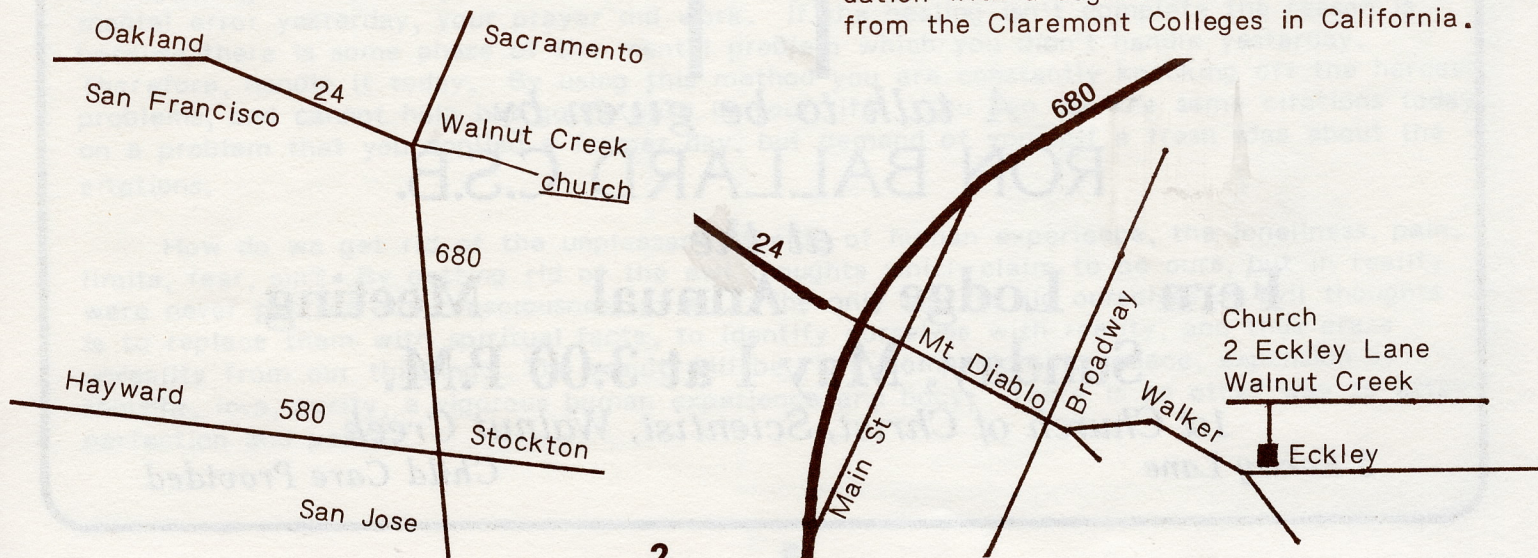
Panel Presentation of Healings

A panel will read fruitage of Christian Science nursing work from other parts of our worldwide community, from testimonies and accounts of healings in which nurses have played a part, as collected from nursing facilities, visiting nurse services, Journal listed nurses, as well as from testimonies published in the Christian Science Journal and Sentinel.

Examples at Fern Lodge of recent healings include that of a broken wrist and severe bruises on a patient's arm and face, and of another active patient who had become bed-fast and semi-conscious and is now returned to her original joyful schedule of daily activities.

A New Location

To improve communication with our supporters, Fern Lodge is reaching out to more members of our community by holding our Annual Meetings in different locations. We were visited by some friends we had never seen before at last year's meeting in Oakland, so this year the meeting will be at First Church of Christ, Scientist, Walnut Creek, 2 Eckley Lane. We eagerly look forward to meeting still more of our friends for whom this location may be more convenient. Ample free parking is available at the church, and child care will be provided. Please see maps below.



Annual Meeting Speaker



Ron Ballard, CSB

Our principal speaker, Mr. Ron Ballard, C.S.B. of San Francisco will continue the theme, and suggests we study Mary Baker Eddy's work, Christian Healing as a means of preparation.

Mr. Ballard an authorized teacher of Christian Science since 1979, worked for several years during the 70's for the Department of Branches and Practitioners of The Mother Church as a field worker, traveling and speaking to college organizations and branch churches. He has been in the full-time practice of Christian Science since his graduation with a degree in Political Science from the Claremont Colleges in California.



How High Do You Think He Will Go?



A Magic Show Is Always Fun!

WILL YOU VOLUNTEER?

Do you love sharing the **Bible Lesson**? We'd love to have you share it with our patients at Fern Lodge. The reading aloud of the **Bible Lesson** daily is of great importance to the healing atmosphere of our Christian Science Nursing Home. We need volunteer readers **Tuesday, Wednesday, Friday, or Saturday** mornings at **11:00**. We also need volunteers any day you are free to read, write letters for or play games with patients one-to-one or in small groups after **2:30 p.m.** Slide programs are especially welcome and craft afternoons on Fridays can always use extra helpers.

Elizabeth Stapler, Coordinator
for Volunteer Activities
(415) 886-2448



There Are Lots of Ways to Share Love

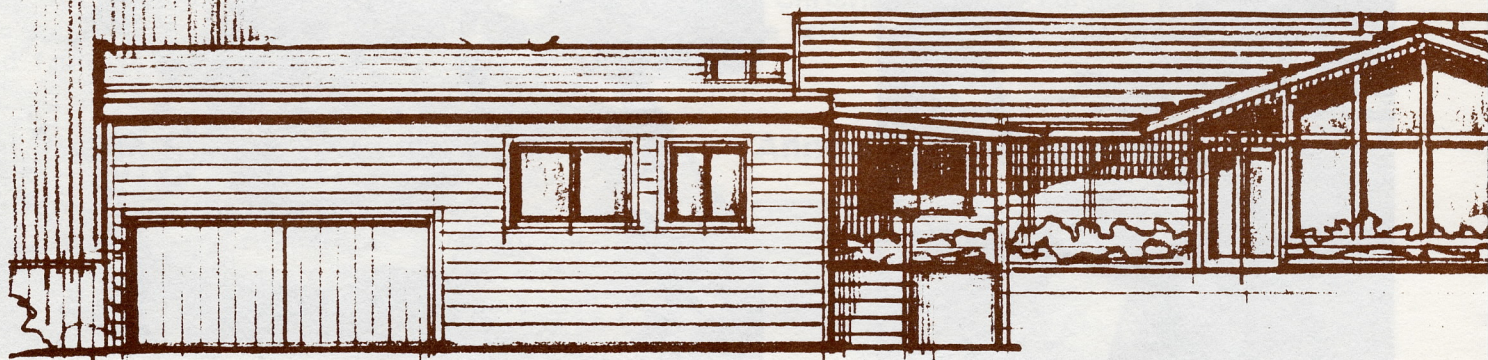


Spring Cyclamens Are Beautiful!



Thank You, I Think I Can Find Room for One More

REMODELING REPORT



Dear Friends:

Our architect's drawing is coming closer to reality:

- * The Alameda County Zoning Administrator has approved us for 35 guests, an increase in our capacity, allowing us to accommodate, as we are able, 5 additional applicants for Christian Science nursing care.
- * Designer and developer of our plans, Peter Harmon, a member of First Church, Hayward, has assisted with the bidding process, and we look forward to his help during construction.
- * We have received four bids that fall within the range of our expectations and so anticipate construction to begin soon. Board coordinator for the project, Eugene DeBolt, is recommending the contract for the work be awarded to James Keven, Integral Design Construction of Santa Rosa.
- * The picture-graph on the right shows the result of your most generous financial support at the end of the year. We now have over 60 percent of the funds necessary for the completion of the \$200,000 expansion and remodeling program to provide quality nursing care for Christian Scientists.

Our gratitude for your sustained interest in Fern Lodge's dedication to the mission of Christian healing is deeply felt. It's wonderful to experience a deluge of contribution envelopes after our Focus mailings and to greet your eager, smiling faces supporting us at our Annual Meetings.

The idea is ripe. Thank you for helping us bring in the harvest!

Sincerely,

A handwritten signature in cursive script that reads "Charles J. Arden".

Charles J. Arden, President
Board of Directors

YOU MAY NEED TO KNOW that your contribution is tax-deductible because we are a non-profit tax-exempt nursing facility under both Federal and State law. Your entire gift is utilized for improvement and operation of Fern Lodge, and no portion of your contribution has been or will be used for fund-raising expenses.

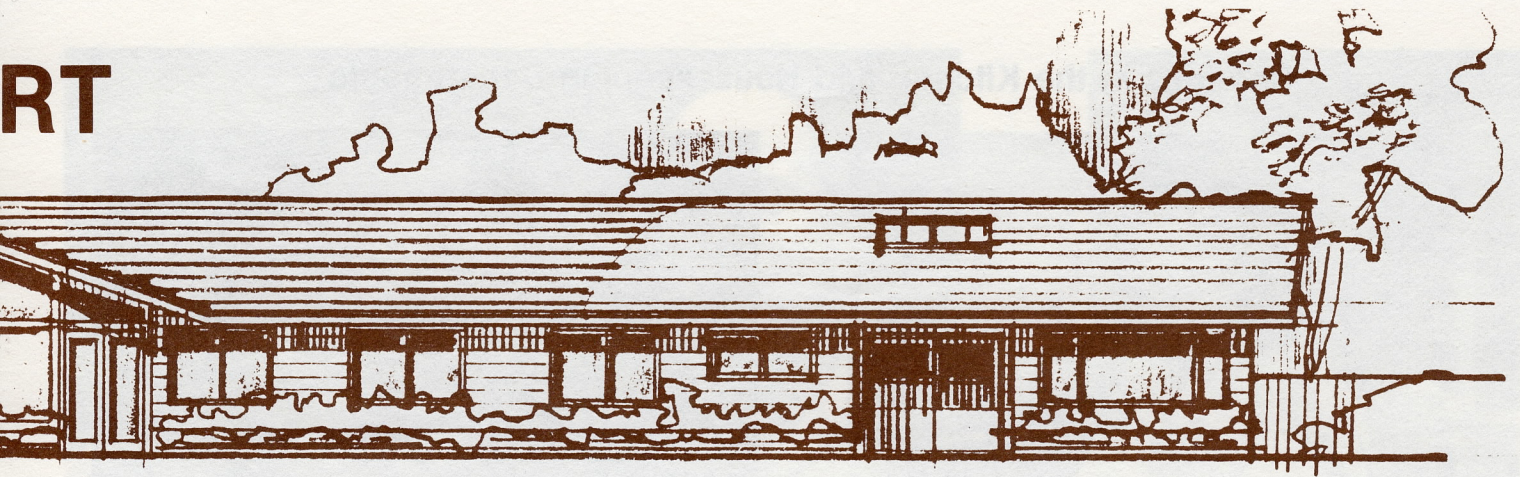
Fern Lodge, Inc.

18457 Madison Avenue, Castro Valley, Ca. 94546-1699

415 886-2448

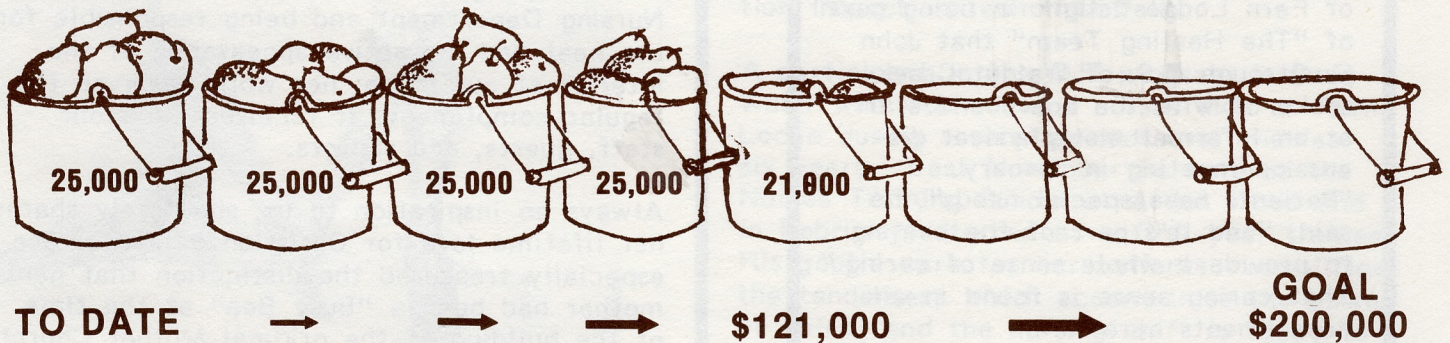
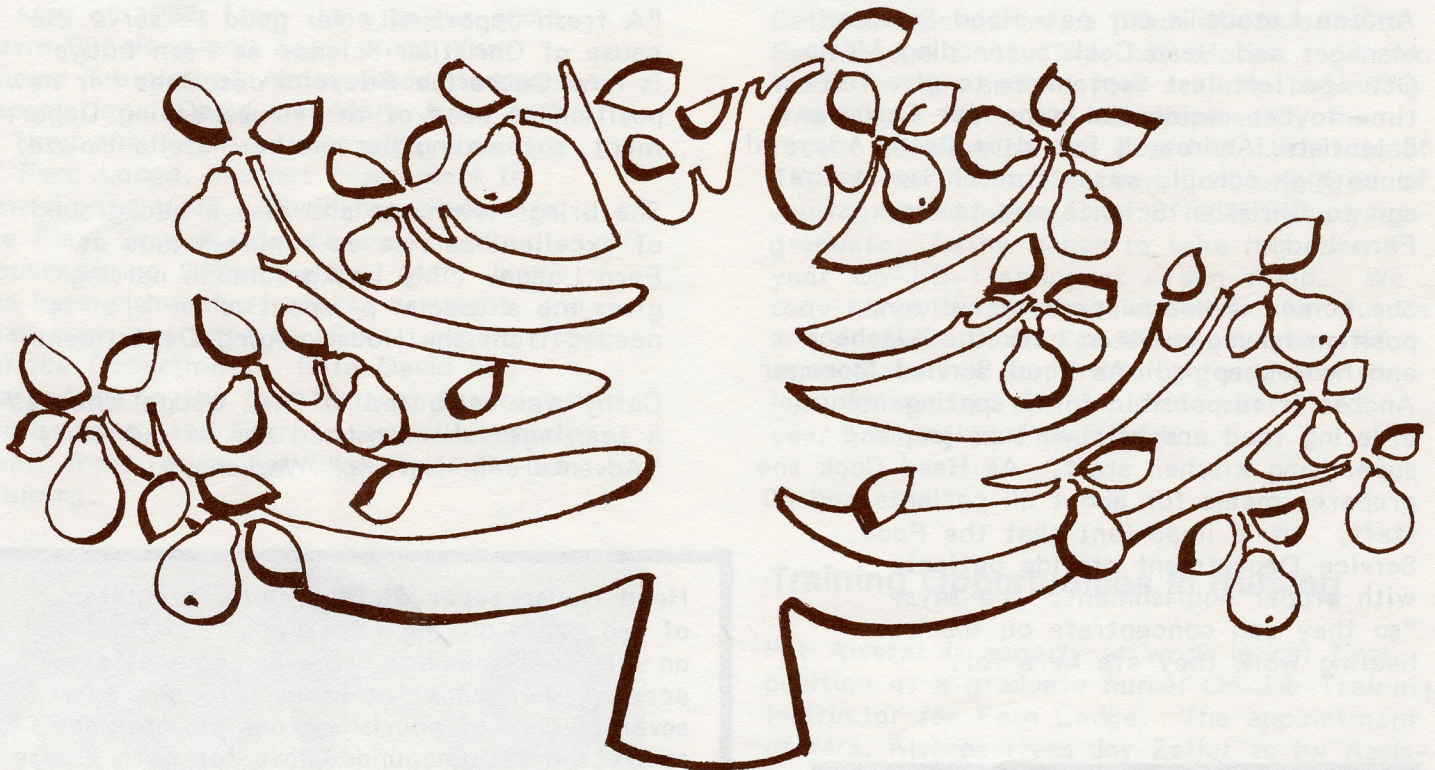
PRESIDENT: Charles Arden, Walnut Creek; VICE-PRESIDENT: Raymond Bishop, Walnut Creek; SECRETARY: Hazel Wilson, Hayward; TREASURER: Betty Dempsey, Castro Valley. DIRECTORS: Sylvia Cook, Castro Valley; Eugene DeBolt, Danville; Frances Griffith, Walnut Creek; Robert Griffin, San Leandro; Kathryn Grover, Pleasanton; Alan Jones, Oakland; Joseph Landisman, Berkeley; Ronald Macdonald, Oakland; Jane Schweitzer, Oakland; Druid Farmer, Concord. ADMINISTRATOR: George Strong, Hayward.

RT



BUILDING FUND PROGRESS

THE IDEA IS RIPE ! WON'T YOU HELP US BRING IN THE HARVEST?



A Non-Profit Nursing Facility for Christian Scientists Accredited by The First Church of Christ, Scientist, Boston, Massachusetts.

Changes in the Kitchen and Housekeeping Departments



Andrea Lozada is our new Food Service Manager and Head Cook succeeding Merle Ott who left last September to give full-time to her residential home for Christian Scientists. Andrea, a friend of Cathy Adeyemi since high school, was attracted two years ago to Christian Science and to work at Fern Lodge.

She comes well-equipped for her new position having assisted both the kitchen and housekeeping. As Food Service Manager Andrea is responsible for preparing menus, ordering food and kitchen supplies, and supervising kitchen staff. As Head Cook she prepares meals for about 30 patients and 30 staff. "It is important that the Food Service Department provide patients with proper nourishment," she says, "so they can concentrate on the healing work they are here for."

Staff members in every department of Fern Lodge delight in being part of "The Healing Team" that John Qualtrough C.S. of Walnut Creek spoke of with the board and staff at an informal metaphysical discussion meeting in January. "Patients have special needs", he said, "and it's part of the healing to provide a whole sense of caring." That caring sense is found in all departments here!



"A fresh opportunity for good to serve the cause of Christian Science at Fern Lodge" is how **Catherine Adeyemi** describes her new position as head of the Housekeeping Department, succeeding her mother, Stella Howze.

She brings freshness and also a background of excellent service as a nurses aide at Fern Lodge. "My background in nursing gives me a special perspective on what is needed from the Housekeeping Department."

Cathy was attracted to Fern Lodge when as a teen-ager she attended one of our early "Adventure-in-Nursing" Workshops.

Head Housekeeper **Stella Howze**, a veteran of ten years on the Fern Lodge staff, passed on late in December. Stella came as a very accomplished cook for us in 1973 and after several years of nourishing our patients she redirected her unbounded love for Fern Lodge to the housekeeping activities. Taking care of the sewing and mending for the guests and Nursing Department and being responsible for the neat and attractive appearance of the interior of our home, her work deserved the regular compliments it received from our staff, guests, and visitors.

Always an inspiration to us, she freely shared her lifetime love for Christian Science. She especially treasured the distinction that her mother had been a "Busy Bee" at the time of the building of the original Mother Church in 1894.



Mary Jane Spiker

David Copeland



Catherine Schneider and Friend

First Step

In May of 1983, Mary Jane Spiker and David Copeland will begin First Year Nurses Training at Arden Wood Benevolent Association. David and Mary Jane, both in their ten weeks nurses aide training at Fern Lodge, are not newcomers to Fern Lodge staff. David has worked in the Food Service, Maintenance, and Housekeeping Departments. Mary Jane has held dishwasher, cook's assistant, and head cook positions for Fern Lodge's Food Service Department. Both David and Mary Jane go to the Training School with our blessing, and Fern Lodge will eagerly await their return for First Year On-Job-Training.

Second Step

Catherine Schneider, a practical nurse with Fern Lodge since 1974, has applied to Arden Wood for her second year training beginning this May. Her step was inspired by the recent decision by the Board of Directors of The Mother Church to have just one level of Journal listed nurse, that of the three year graduate. Cathy hopes to take her second year On-Job-Training at Arden Wood. We send her with our best wishes for her future and deepest thanks for the many years of service she has so faithfully given, and we look forward to her return for her third year training at Fern Lodge.



Joy Zeller, Greg Wolff and Pat Alvarez

Training Opportunities in Nursing

Pat Alvarez is eagerly at work in her first position as a graduate nurse: On-Job-Training instructor for Fern Lodge. The appointment of Mrs. Alvarez frees Joy Zeller to be Assistant Director of Nursing full time, a recommendation of The Mother Church accreditation inspection team last fall.

A participant in the OJT program is Greg Wolff who worked as a nurses aide at Fern Lodge during several periods over the last six years. Last November he entered the Nurses Training School at Arden Wood and in February returned as a first-year trainee. His gentle care for our patients exemplifies the tenderness which accompanies the power of Spirit, and the nursing staff is happy to have his support.

"TAKING THE SWORD OF THE SPIRIT"

by Bob Stranathan, C.S.

Excerpts from a talk given to Fern Lodge workers last August



When we have a healing of any kind, all that has happened is that we have let a true idea from God into our consciousness, which at the same time has expunged from our thought a misconception. Since physical problems are merely misconceptions in thought externalized humanly, getting rid of a misconception, results in physical healing. There has never been a healing without a change of thought.

In Paul's letter of instruction to the Ephesians, he tells Christians to, "take . . . the sword of the Spirit, which is the word of God."

Then in the very next sentence he tells the Ephesians to pray continually for others. Paul is telling the followers of Christ to take "the sword of the Spirit", the Word of God, and use it! This instructive message is for you and me! All that we have from God is ideas, literally His Word. But what a word is God's Word! Since His Word or ideas come from the All-power, His Word manifests this infinite power, which naturally eliminates any misconception in supposed opposition to Him, and heals the flesh. You cannot resist omnipotence, ever-presence. You cannot resist being healed.

The first aspect of taking "the sword of the Spirit" is using what you have of the Word of God. The second part is realizing that you are not doing anything. In other words, turning the responsibility for the healing to God. The third part of taking "the sword of the Spirit" is knowing that the patient is perfect at the beginning of your treatment. Fourthly you need to keep your sword fresh, alive with new ideas. Everyone has her or his own way of keeping her inspiration alive.

If most of us were to write down a full list of all the aggressive mental suggestions of which we need to be completely healed, it would probably be a mighty long list. And if you were to pray daily about each problem there probably wouldn't be time in the day to do anything else. What you can do is to ask yourself, "What's bothering me the most?" And then pray about that particular aggressive mental suggestion. The following day you can ask the same question, "What's mentally bothering me the most?" If what you prayed about yesterday is healed, or is not number one on the list, pray about what is now most important. If what you prayed about yesterday is not healed, and is still number one on the list, then pray about it again, but not in a way that you have ever prayed about it before. If you do pray about it the same way you did before, you are essentially saying, "My prayer didn't work the first time, so I'm going to do it again." If your prayer didn't work the first time, it won't work by repeating it. But if you honestly did know a specific spiritual truth and deny a specific mental error yesterday, your prayer did work. If the healing isn't complete the reason is because there is some phase of the mental problem which you didn't handle yesterday. Therefore, handle it today. By using this method you are constantly knocking off the hardest problems, and cannot help but go forward in your life. You can use the same citations today on a problem that you applied a former day, but demand of yourself a fresh idea about the citations.

How do we get rid of the unpleasant aspects of human experience, the loneliness, pain, limits, fear, sin? By getting rid of the evil thoughts which claim to be ours, but in reality were never part of our consciousness at all. The only way to rid ourselves of evil thoughts is to replace them with spiritual facts, to identify ourselves with reality, and thus erase unreality from our thinking. The result will be right companionship, peace, expansion of thought, love, purity, a vigorous human experience and body. There is no other way to attain perfection and peace.