

FERN FRIEND

NEWSLETTER

Vol. I
No. 1

FERN LODGE, INC. — AN ACCREDITED CHRISTIAN SCIENCE NURSING HOME
18457 Madison Avenue, Castro Valley, CA 94546 (415) 886-2448

August 1972

VOLUNTEERS PLAN "FERN FAIR" - November 3 & 4

"Fern Friends" is the name of our wonderful corps of industrious, imaginative Volunteers who are planning a FAIR for Nov. 3 & 4 at the Meek Estate on Hampton Road in Hayward. All proceeds will be donated to Fern Lodge for remodeling and furnishing, to continue recreational activities for the guests, and to augment the newly-established Expansion Fund. Fern Friends are endeavoring early to enlist the help of many more friends.

Because they plan a whopping 2-day sale, hundreds of items are needed. It is hoped that groups of people from each church in the San Francisco Bay Area will make and donate things to each of the departments listed. Some of your non-church friends may also enjoy making their favorite recipes, art creations, or crocheted fashions, so please encourage them. We welcome their help, in fact our advertising and invitations will go to the whole community to fill a two-fold purpose: to let the community know that Christian Scientists do care; and to show our neighbors that we are not a closed, select, exclusive group.

Please select the departments in which

you and your friends might like to begin work. Listed is the date of next meeting of each department. Phone or write:

Mrs. Sylvia Cook	Mrs. Arliss Harmon
416 Craven Ct.	3058 Horseshoe Ct.
Hayward, Ca. 94541	Hayward, Ca. 94541
Phone 782-9959	Phone 537-9346

BOUTIQUE WEARABLES (Aug. 17) (If you need patterns we have them.) Crochet and knit vests, cloches, pot holders, shawls, infant wear, wrap-around holiday skirts, hostess aprons, patch work, macrame belts, bags, etc.

ORIGINAL ART (Aug. 15) Small paintings, pottery, rock figures, jewelry, glass-blown pieces, stationery, etc.

HOLIDAY DECORATIONS (Aug. 24) Thanksgiving and Christmas.

GARDEN SHOP (Aug. 8) Planters, potted plants, terrariums (bottle gardens), starter plants.

GOODIES SHOPPE (Aug. 10) Jams, jellies, spaghetti sauce, chutney relishes, cakes, pies, candy, bread specialties of all kinds.

COLLECTIBLES (Aug. 22) "Almost Antiques" of good quality. No white elephants.
HELP ON ADVERTISING AND PUBLIC RELATIONS!

PATIO PICNIC

This past June Volunteers prepared a Patio Picnic for the guests, which all enjoyed even though it took place indoors due to cool weather.



S U M M A R Y O F A J O Y O U S Y E A R

FROM PRIVATE TO NON-PROFIT--Since July 1, 1971 Fern Lodge has smoothly made the transition from a privately operated nursing home to one administered by a non-profit charitable and religious corporation dedicated to serving students of Christian Science.

VOLUNTEERS INSTITUTED--A service program has been made possible by a creative organization of Volunteers, called "Fern Friends." We have constant expressions of gratitude for their activity, which includes conducting complete Christian Science Sunday and Wednesday services, a crafts program, giving occasional slide shows and parties, and shopping and transportation service.

A SPRING RUMMAGE SALE--In April we held a successful Rummage Sale after a spring house cleaning.

AN ABLE ADMINISTRATIVE ASSISTANT EMPLOYED AND OFFICE REMODELED--We have employed an efficient office assistant, Robert McVey; and we recently remodeled our office to provide needed space.

ROTARY PHONES INSTALLED--In order not to keep our guests and friends waiting so long, we have installed a more sophisticated phone system.

ADMINISTRATOR ATTENDS DEPARTMENT OF CARE CONFERENCE IN BOSTON--In April our Administrator, Mrs. Emily Valentine, flew to Boston for one week to attend the Department of Care Administrators Development Program.

CURRENT PROJECT--Our present project is to increase the paved parking area to make it more convenient for friends and Volunteers, while visiting and serving guests at the Lodge.

NEXT PROJECT--Refurbishing the living room.

OPEN MONTHLY BOARD MEETINGS--The 3rd Thursday of each month at 7 p.m. at First Church of Christ, Scientist, Hayward. You are welcome!

INTRODUCTION TO NURSING--A SUCCESSFUL SPRING ADVENTURE FOR 24 YOUNG PEOPLE

Fern Lodge, aware of the great need for Christian Science nurses throughout the world in all categories of nursing, introduced 24 young Christian Scientists to the possibilities of nursing as a career, in a concentrated 2-day Nurse-Aide Training Course held at the Lodge, March 30 & 31.

Mrs. Emily Valentine, Administrator and graduate BA nurse, conducted the classes, which involved practical nursing techniques as well as the spiritual thought upon which the practical care is based.

The following excerpts from thank you letters from the young ladies speak for themselves as to the success and value of this idea for our Cause:

"I guess the one feeling I will retain is that of total learning--spiritually as well as personally and practically. ."

"Probably the most important thing I gained was a better understanding of why we have Christian Science nurses: to compassionately, healingly meet the human need."

"I don't know where to begin to express my gratitude for all the hard work and precious moments that were devoted to us."

"I learned that I was looking at the physical symptoms and awaiting a change in them. Now I'll only look for and expect spiritual growth. I also really appreciated the idea that it is a spiritual growth that both the nurse and patient obtain in healing."

It was also inspirational to be able to stay with a Christian Science family . . to see people living Science."

"The final evaluation reports Friday were a good idea because they helped us focus our thought on the spiritual as well as the practical human aspects of Christian Science nursing. . ."

"The experience was a very valuable one for me, and encouraged my interest in nursing very much. . . I'm glad to report that I'll be working as an aide at the Benevolent Association in San Francisco this summer . . . and continue there part-time in the fall."

We have WHEEL CHAIRS, WALKERS, and COMMODOES to lend to Christian Scientists in need of them temporarily. Any practitioner or family may come and borrow, and then return them so we can continue offering this service.

FERN LODGE, Inc.

A Non-Profit Christian Science Nursing Home
Accredited by the Department of Care of The Mother Church

18457 Madison Avenue, Castro Valley, California, 94546 (415) 886-2448

August 1, 1972

Dear Friend:

Undoubtedly you know of students of Christian Science who have been forced into medically-operated institutions because of the scarcity of accommodations in Christian Science nursing homes. In California there are only three nursing facilities accredited by the Department of Care of The Mother Church that admit Medi-Cal (State welfare) cases. Fern Lodge is one of these and cares for approximately one-third of all Medi-Cal patients in accredited Christian Science nursing facilities in California.

Fern Lodge was established as a private nursing home in 1957 to meet the urgent need of nursing care for Christian Scientists. Demand for its loving services increased rapidly and in 1963 an annex was added. On July 1, 1971 the owners, Mr. and Mrs. Willard Cox, retired and arranged for the transfer of ownership to a non-profit corporation, Fern Lodge, Inc., on generous terms that make it possible, with the help of the field, to be of continued service to Christian Scientists.

Since our beginning a year ago, we have operated in the black, due to the dedication and selfless service of many people--staff, volunteers, board members, and loving donors. In addition to improving our present facilities, we are planning ahead to the time when through donations and bequests we can expand further. The need is evidenced by the number of appeals for admission, some of which are heart-rending, that we constantly have to turn down; and we are extending benevolence of over \$2500 per month! So you can see, the need is great.

We invite you to join with us in continuing to maintain and in enlarging a haven where those relying on Christian Science for healing may meet and overcome the claims of uselessness, loneliness, discouragement, illness, and other aggressive suggestions which are found to be associated with the beliefs of age, and build the confidence, hope, and joy which come from being loved and cherished by fellow Christian Scientists.

We hope that you will want to share with us in this Love-inspired and Mind-directed work. Our purpose with every guest is to encourage useful service to our Cause through strengthened skills and greater wisdom, courage, and joy in demonstrating Christian Science. Both metaphysical and financial support are necessary, and your help will assist us in meeting the pressing human need. Contributions are, of course, tax deductible.

Sincerely,

Frederick W. Mitchell
President

BOARD OF DIRECTORS

Dewey William Blade, San Francisco; Arthur W. Brandenburg, Hayward; Henry G. Curran, Atherton; Elizabeth Dempsey, Castro Valley; Bernal Dobell, Orinda; Ray Fullerton, Orinda; Frances Griffith, Berkeley; Arliss Harmon, Hayward; Herbert H. Mitchell, Berkeley; Marion D. Nawman, Piedmont; James Wilbur Reid, San Francisco; Hazel Wilson, Hayward

"There is no more conflict between the absolute and the relative means in dealing with humanity's problems than there was conflict between Jesus and his Christ. There is no conflict between humanity and spirituality. There is conflict between materiality in human consciousness and the spirituality that it should be entertaining, but to take care of human needs spiritually presents no problem if we understand correctly.

"Care is Love in action. Care is evidence of your love. The purer the love, the deeper, the higher the love, the better the care, the deeper, the more effective the care. The firmer the love, the safer the care."

From an address by Inman H. Douglass, CSB,
at the annual meeting of "The Leaves," a
Christian Science sanitorium in Texas