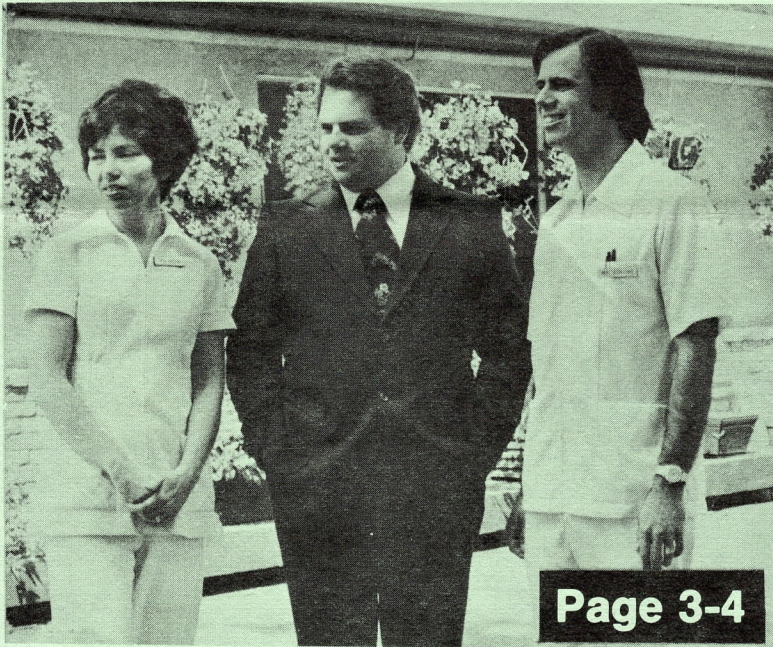


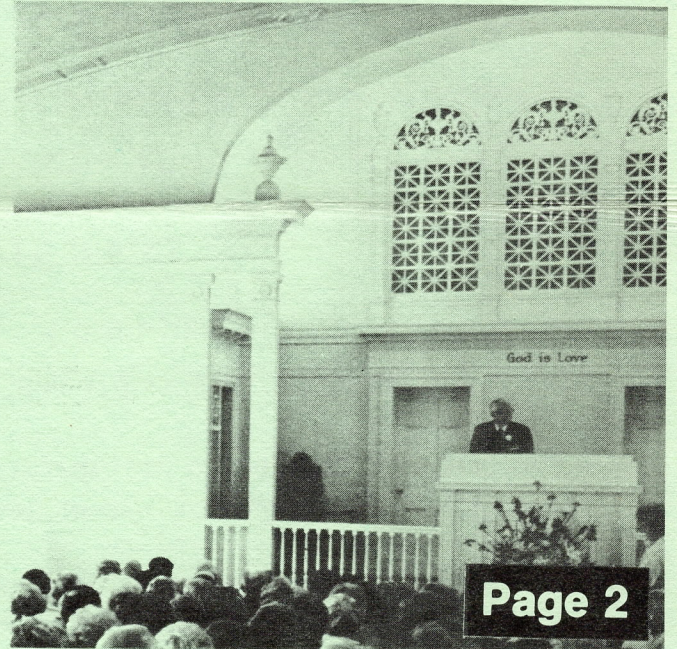
May 1979

# Fern Lodge, Inc. NewSletter

a non-profit Nursing Home for Christian Scientists accredited by the Department of Care of The Mother Church



**Page 3-4**



**Page 2**



**Page 5**



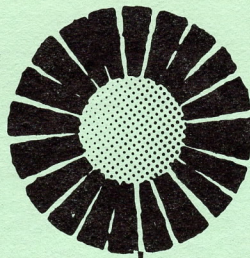
**Page 4**

18459 Madison Avenue  
Castro Valley, CA, 94546

(415) 886-2448

**May, 1979**





**THEME OF OUR MEETING THIS YEAR**

**please come to**

**FERN LODGE'S ANNUAL MEETING**

**Sunday afternoon, May 20 at 2:30 pm**

**FIRST CHURCH OF CHRIST, SCIENTIST,  
HAYWARD  
1814 B STREET**

**Child care provided**

**KEYNOTE SPEAKER WILL BE**

**He will challenge metaphysically  
the myth of age in general**

**followed by specific insights  
in dealing with age in a  
Christian Science Care Facility  
from the point of view of . . .**

**...an Administrator**

**...a patient**

**...a nurse**

**...a Practitioner**

**and YOU, in the Christian Science field**

**OPEN HOUSE AFTERWARD  
AT FERN LODGE,  
18457 MADISON AVENUE,  
CASTRO VALLEY**

**"BLASTING THE MYTH OF AGE"**

**DANIEL JENSEN, C.S.B.**

**ROBERT McVEY**

**CAMILLE LINDSAY**

**GEORGE STRONG**

**BETTY DEMPSEY**

**BILLIE EAGERBLADE**

**BOARD OF DIRECTORS:**

President: Eugene Debolt, Danville; Vice President: Elizabeth S. Dempsey, Castro Valley; Secretary: Hazel Wilson, Hayward; Treasurer: Harriet Eagerblade, Castro Valley; Directors: Charles Arden, Walnut Creek; Arthur W. Brandenburg, Hayward; Bernice Bryan Brown, Berkeley; Muriel Chisholm, Castro Valley; Frances Griffeth, Walnut Creek; Robert H. Griffen, San Leandro; Ronald Macdonald, Oakland; Herbert H. Mitchell, Berkeley; Marion D. Nawman, Piedmont.





## Emily Valentine Resigns

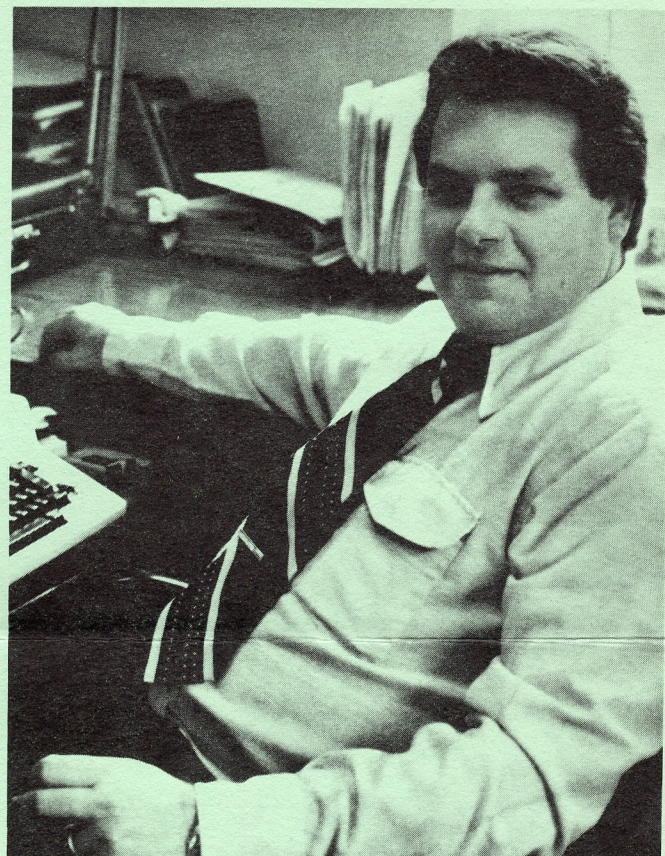
"What d'ya want first, the good news or the bad news?"

The latter is the resignation of our eight-year, pull-us-up-by-the-bootstraps, innovative and purpose-fulfilling administrator, Emily Valentine.

Constantly giving where her special qualities were most needed, impelled her, as she put it, "To devote myself single-mindedly to the care of my very dear husband. To think that all the nursing skills I have been learning since 1937 are now blessing him gives me peace and a happy heart... The good that I have known in each (of the staff) will continue to bless Fern Lodge so long as they, too, are privileged to serve God and their brother man there."

Emily's irreplaceable spot in Fern Lodge's inspired growth serves to build a solid foundation for its continued progress. The seemingly impossible task of filling Emily's three-fold position as administrator, supervisor and graduate nurse, turned Board members to diligent metaphysics. Immediate response came in the availability of three well-qualified persons to fill her "size 40 shoes".

And, so, as all right activities do, our bad news gives birth to our good news and, in so doing, transforms the former into good, as well.



## Robert McVey, New Head

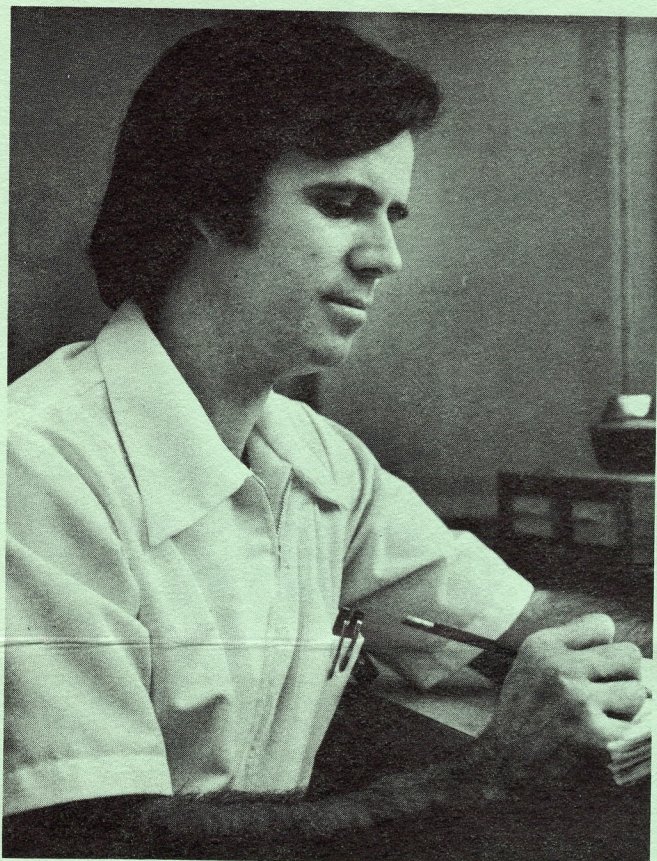
After two months as Acting Administrator, Fern Lodge's five-year Assistant Administrator, Robert McVey, was approved by the Department of Care of The Mother Church to take over the reins of administrator. Our long-time supporters will recognize Mr. McVey and his young family from various articles in past Newsletters. His rapid advancement in acquiring two certificates of completion from George Washington University in administration and personnel management for nursing home administrators, attendance at three Administrators' Conferences at The Mother Church, thorough ground work in OSHA and Medi-Cal operations, duty as treasurer of the Visiting Nurse Service and intensive experience under the tutelage of Emily Valentine well qualifies him for the demanding job.

In appreciation

DON VALENTINE

for his constant active support  
of the spiritual and physical  
growth of the Fern Lodge ideal.





**George Strong, Nursing Supervisor/Trainer**

A recent three-year graduate of Arden Wood nursing school, Nursing Supervisor/Trainer George Strong came to Fern Lodge in December in time to conduct our Fourth Adventure-in-Learning, a two-day Introduction to Christian Science Nursing.

After his formative years at First Church, Hayward, Sunday School, George spent six years at UC Santa Barbara pursuing a doctoral degree in biology. His strong desire to "heal the world" after a period of searching, convinced him that a career in the Christian Science movement could best do that and, more specifically, the field of nursing would give him ample opportunity to put to practical use his love for people as individuals.

Mr. Strong, his wife Rennell and children Echo and Nathan, settled into a house just ten minutes from Fern Lodge and, completing the circle, are now members of First Church, Hayward.

After taking both the Adventure-in-learning and the 10-week aide training course given by her husband, Mrs. Strong has been accepted for the first year nurses training at Arden Wood in May.



**Camille Lindsay, Superintendent of Nurses**

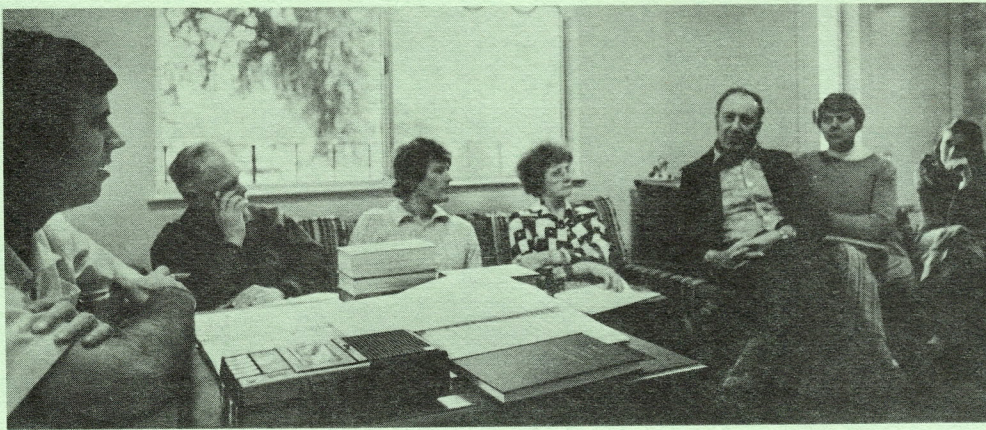
From Arden Wood comes our new Superintendent of Nurses, Camille Lindsay. At first on loan to fill our emergency needs, Mrs. Lindsay soon agreed to accept the position of Superintendent of Nurses. With Arden Wood's approval and blessing, she resigned as their On-the-job Trainer.

Her qualifications include graduate nurse 1965, two years private nursing, two months visiting nurse duty, nursing positions at Laurel Haven, Concord House and seven years at Arden Wood.

Much closer to her home in Livermore, where her husband works at the Livermore Lab, Fern Lodge offers a short half-hour commute. She and husband Roy met while both worked at Arden Wood.

COVER PICTURE - The lower left picture really has no story but was such a delightful scene we can't help but share it with you. Several patients were engrossed in nurse Robin Looney's reading of a Sentinel while enjoying the first warm days of spring.





## Adventure-in-Learning

Twelve men and women congregated at Fern Lodge and were introduced to the joys of nursing in our Fourth Adventure-in-Learning series. Conducted by the new Supervisor/Trainer, George Strong, the instruction inspired three of them to enroll in the ten-week nurses aide program which began in January. Two others plan to enroll in June.

Mr. Strong made it clear that the function of the nurse and the facility is to supply an atmosphere that supports Christian Science treatment. The patient must have freedom from worry over his family, freedom from anxiety about his body, freedom to let God take care of him. He must be encouraged to a renewal of purpose and a firm expectancy of healing.

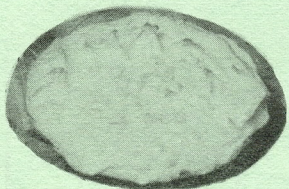
Totally dispel the concept of aging, he continued, give no support to the passing-on idea.

Asked, what do we nurse? The answer was, the whole man, the whole idea, not a sick mortal. What is helpful in doing this? Prayer, alertness, intelligence, joy, gentleness, love - all these qualities expressed. God provides all these qualities without labor.

Three helpful definitions he gave are these:  
Day: not a portion of time, but the continuity of inspiration.

Fatigue: lack of purpose, unwillingness to cope.

Patience: the willingness to let the right thing happen at the right time.



The climax of the two days between Christmas and New Years was a holiday banquet with the Board members when certificates of completion were presented to each of

the twelve. (This is where those luscious lemon meringue pies came in.) Famous for her 'home-made' goodies, Cook Ruth Ybarra turned out a delicious dinner.

## THANKS!

Fern Lodge wishes to give special thanks to BETTY FRASER from First Church Orinda for coordinating the Wednesday afternoon Testimony meetings for the past three years. She gives special thanks to these volunteers from East Bay churches for their faithful help as Readers and Organists:

Edna May Andrews, Ione Smyth, Florence Silvey, Lucy Camp and Hazel Wilson from First Church Hayward;

Martha Karp, Betty Bloom, Herbert Bentley and Darlene Heaton from First Church Fremont;

Pat DeVoe and Harriet Siem from Fifth Church Oakland;

Jackie Bort and Bernice Brown from First Church Berkeley;

Evelyn Rohrkemper from Tenth Church Oakland;

Pat Alvarez and Juanita Rinker from First Church San Leandro;

Dorothy Gordon and Emma Phillips from First Church Livermore.

We also join ART BRANDENBURG of First Church Hayward, coordinator for Sunday services, in thanking these Readers:

Jane Baruch, Diane Brandenburg, Jean Bugg, Muriel Chisholm, Beulah Forwood, Al Franklin, Bill and Shann Rupp, Art and Dorothy Sprague, Gordon and Ann Wright, Bob and Marilyn Young and musicians Niki Nelson and Cheryl Churchill from First Church Hayward;

Ron Macdonald, Ruth Bowie, Bernice Brown and Grace Reineman from First Church Berkeley;

Charles Price from Second Church Hayward; Fred and Carolyn Staedel from First Church Danville;

Bob and Dorothy Griffen and Alfaretta Ballou from Fourth Church Oakland;

Marie Ward and James Adams from out of the area.

Readers serve one Sunday every two months and Art Brandenburg at (415) 538-8990 would welcome new volunteers.



## Administrator's Seminar

Board Member Frances Griffeth, a graduate nurse and listed practitioner, attended the Sixth Annual Administrators' Seminar that attacked three major concerns of care facilities: "Wisdom, Economy and Brotherly Love". (Manual, page 77)

Her comprehensive coverage brought home many tips and insights. Here are a few:

"'Wisdom, economy, brotherly love' each is essential. We must exercise enough discipline to practice an economy of words. Where the motive is right, and the majority of one's acts right - do forgive mistakes, magnify the good. What keeps us from being a transparency? Self. The way to overcome self? More prayer."

"We need standards in everything we do but they must be based on spiritual standards and on human standards that have a divine basis.....order is present in the divine, human law hints of the divine."

"All things are possible to God. This is our stock in trade. Refuse to think of the patient ever again in connection with disease."

"The sign of the times most significant is the interest of other Christian churches in healing. There is modest but definite progress in quiet prayer for Christian healing. We need to lift up our sights and not forget what Christian Science brought to light in the first place - that God is Life. It is Christian Science cherished and practiced that gives life and vitality to organization."

Geoffrey J. Barratt, C.S.B., said: "My first inkling that man is spiritual was like a nuclear explosion. If I live to be 150, which I'm working on, I'll never forget it."

"Keep the garments of organization so sheer that they don't obscure the body of Christ. Mind manages its manifestation and matter does not."

"WE MUST NURSE:

1. Our sense of the Science of Being.
2. Our sense of the wholeness of Being.
3. Our sense of present spiritual reality.
4. Our sense of what demonstration really is.
5. Our sense of what the Christian Science movement really is. It grows or shrinks according to our transparency for Truth.
6. Our sense of the magnitude of Christian Science."

## Quarterly Metaphysical Meetings

H. MARTIN NIEMOELLER, C.S.B., November '78

"'I'm sunk,' said the patient.  
'No, you're not,' said the nurse. 'You're rising on wings of spiritual understanding. Like the bird on a bough, feeling the bough give way, yet singing because it knows it has wings, just so, we can be confident in our God-given spiritual wings."

"The nurse must be a positive element to give spiritual uplift and confidence that good is unfolding. Expectancy of good, positive and powerful, is native to a Christian Scientist and is needed to properly support the practitioner's work."

"World belief, on the other hand, has not much expectancy, so we must disassociate ourselves from world thought. We are spiritual thinkers, equipped with spiritual sense and we do joyfully expect and cheerfully await wisdom from on high, superior to what the eye beholds, and so can minimize and annul anything not good."

"'God is right here' and 'Isn't God good' are the two feet that bring the nurse to the side of the patient."

DOREEN PURVIS, Administrator of Peacehaven Sanatorium, St. Louis, Missouri, March '79

"The whole world needs to be nursed, to be cherished. Pray for power equal to the task, rather than a suitable task to match your understanding."

"You must have a sense of care for yourself. You must love life yourself to help others to love it."

"Love with a love that prevents attacks, known and unknown, and then you are never on the defensive."

"Expect the maximum of good, don't be content with minimums. Use all ideas from God fully."

"Answer needs, not wants, before they become wants."

"The most important mission is the expression of God's qualities. There's always time for it. A laugh is not a waste of time. Learn to bring thought down to the human need."