

# NEWSLETTER

OCTOBER, 1980

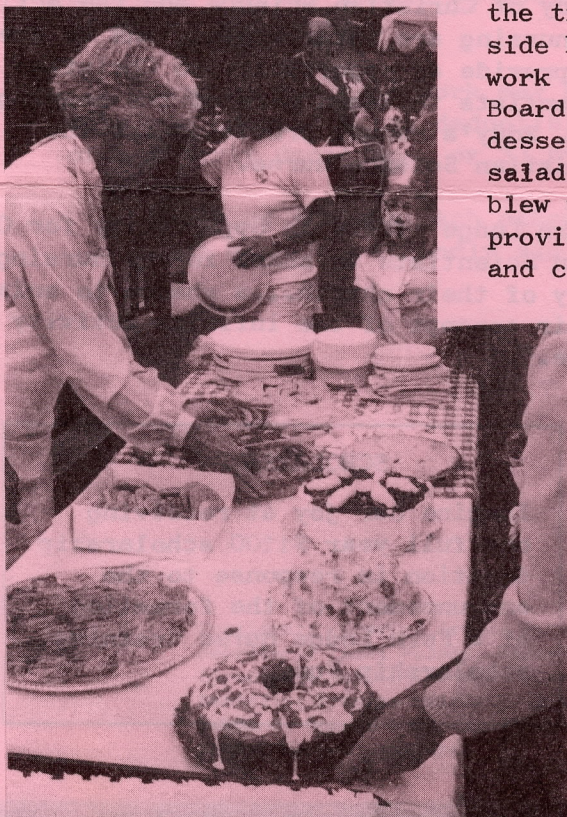
A non-profit Nursing Home for Christian Scientists,  
accredited by the Department of Practitioners and Nursing Activities of The Mother Church



## "TABLES TURNED" AT PICNIC

To show their appreciation of Fern Lodge's excellent staff, the members of the Board of Directors, with the help of their families, invited their "super staff" and their families and friends to a picnic.

Held on a Saturday, everyone gathered on the tree-sheltered front lawn of Creekside House. Only one rule prevailed: no work for staff members, only enjoyment. Board families brought favorite homemade desserts, cranked ice cream, provided salads, barbequed hot dogs, served drinks, blew up helium balloons, painted faces, provided music, "loved-up" the staff and cleaned up. It was a beautiful day!





# Announcing Fern Lodge's Sixth Adventure-in-Learning

November 28-29, 1980 (Following Thanksgiving Day)

A WORKSHOP INTRODUCTION TO CHRISTIAN SCIENCE NURSING.

TWO FULL DAYS: November 28-29, 1980 (Friday and Saturday following Thanksgiving Day)

- \* The Adventure-in-Learning, as in the past, is a free, two-day workshop designed to introduce up-to-the-minute Christian Scientists to the joyful career possibilities of Christian Science nursing.
- \* It supplies an opportunity to seek into the motives and theory of Christian Science healing as supported by a Christian Science nursing facility.
- \* It is an experience in discovering what motivates and inspires a Christian Scientist to choose a career in the metaphysical nursing field.
- \* It is an information gathering session about the nurses training program and its requirements as outlined by the Department of Practitioners and Nursing Activities of The Mother Church (formerly The Department of Care).
- \* The only pre-requisite for attending this Adventure-in-Learning is either membership in The Mother Church, a Branch Church, a Christian Science College Organization, or one of the older Sunday School classes.
- \* DURING THESE TWO DAYS ALL MEALS ARE PROVIDED AT FERN LODGE AND, FOR THOSE WHO NEED IT, LOCAL HOUSING.
- \* For further information and/or an application to attend, please write or call Fern Lodge: 18457 Madison Ave., Castro Valley, Calif., 94546. Telephone (415) 886-2448

GEORGE STRONG, Instructor for Adventure-in-Learning Series.

A three-year graduate of Arden Wood's nursing program, George Strong came to Fern Lodge two years ago to accept the position of Nursing Supervisor and On-The-Job Trainer.

This is his third Adventure-in-Learning, a program he considers as important a tool for informing the Field of Christian Science nursing as for introducing students to the joy and demands of a Christian Science nursing career.

"We at Fern Lodge realize," Mr. Strong says, "That many people are not aware of how the study of Christian Science and the activities of nursing are interrelated, and we are eager to provide an opportunity to Christian Scientists to learn more of the meaning of Mrs. Eddy's Manual provision for the Christian Science nurse."

"Fern Lodge offers an opportunity for Christian Scientists to share in the nursing activity of their church...a chance to enlarge their concept of the infinite activity of Love."

## SCHOLARSHIP

Imagine our joy at receiving one full year \$1100 scholarship donation in response to the announcement of the formation of a Fern Lodge nurse training scholarship Fund.





### First Adventure-in-Learning Participant

MARGARET ROGERS (above) came to Fern Lodge's first Introduction-to-Nursing Workshop, called Spring Adventure '72, from the C.S. College Organization at UC-Berkeley. After the next summer spent as a nurse-aid at Arden Wood, she returned to her last year at Berkeley. Considered thought convinced her that a career in Christian Science nursing would be far more fulfilling than anything she could do academically, so she cancelled plans for graduate work in Slavic languages and applied for the one year nurse's training course at Arden Wood, followed by two years of private nursing duty in the Field.

When Arden Wood was approved for the three year course, she returned for the additional two years and stayed on as a graduate nurse.

More and more called upon to fill the roll of practitioner, she soon found herself in the full time practice of Christian Science healing.

In August, she accepted an invitation from Fern Lodge to speak at its quarterly staff metaphysical meeting. For a summary of some of her remarks, please turn to page 6.



These are the current On-the-Job Trainees, Mrs. Patricia Alvarez and Mrs. Sandra Mayr

### Results of Your Metaphysical Support

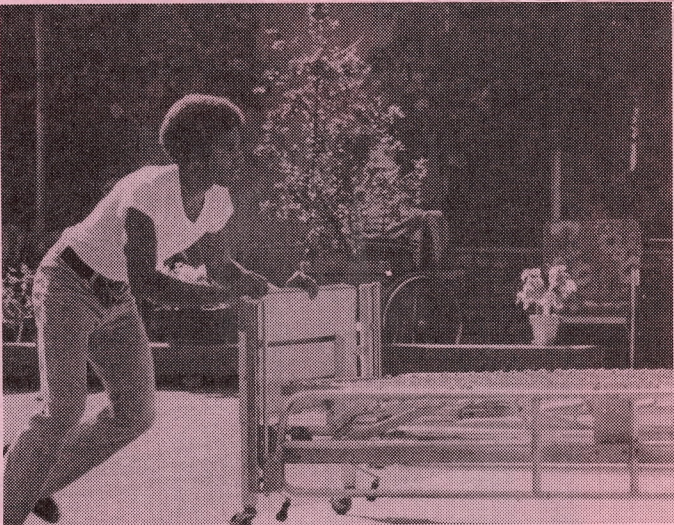
All unsolicited, these sizable savings are more than welcome and can only be attributed to some very good thinking:

- 1) A \$4105.90 return on our yearly workman's liability insurance payment for a perfect record of "no accidents."
- 2) A two percent discount on the price of the new electric beds for accepting delivery more than thirty days early. And we considered the early delivery itself a great bonus.
- 3) With a willingness to open our minds to the practicality of part-time, though highly qualified, nurses there are now ten graduate nurses on our roster and eleven other nurses, and a greater expectancy of more nurses to come.
- 4) A bequest to one Medi-Cal patient that allows her to be removed from the list of State Aid recipients.

THOUGHT FOR THE WEEK, Supply Dept.

SELFISH, I can't supply it.  
 UNSELFISH, I'll try to supply it.  
 UNSELFED, I can supply it, by reflection.

**NEW BEDS - NEW BEDS - NEW BEDS!**  
 unnecessarily hard and complicated work of with old, manually cranked beds that often trarily move as they please, convinced the order five electrically operated beds. At each bed may be raised so that the nurse ma patient's individual needs, or lowered to a



Out with the old...



## Results of Your Financial Support

\$50,000 in improvements this past year complete the third phase of Fern Lodge's upgrading program. This includes:

### CREEKSID HOUSE (formerly Main House)

North Wing: Remodelling of the main bath and linen closet to provide a wheel-in shower and separate toilet facility. Two new rooms, a seldom-used screened porch and the other adjoins it as an addition to the building (see photo at right). A much-used sitting space under a walnut tree nearby has been retained.

South Wing: The former men's quarters, a large room four steps lower than the rest of the wing, was raised to the same level and the floor cantilevered to one side, to make two separate rooms, one double and one single. This entailed raising the ceiling, covering up an old fireplace and extending the existing hallway.

### HILLSIDE HOUSE (formerly the Annex)

Redecoration included colorful, matching mini-blinds and valances in a "Ferna" pattern of greens, yellows and browns, with accent paint for the walls. A new wheel-in shower and two new energy efficient air conditioners were installed.

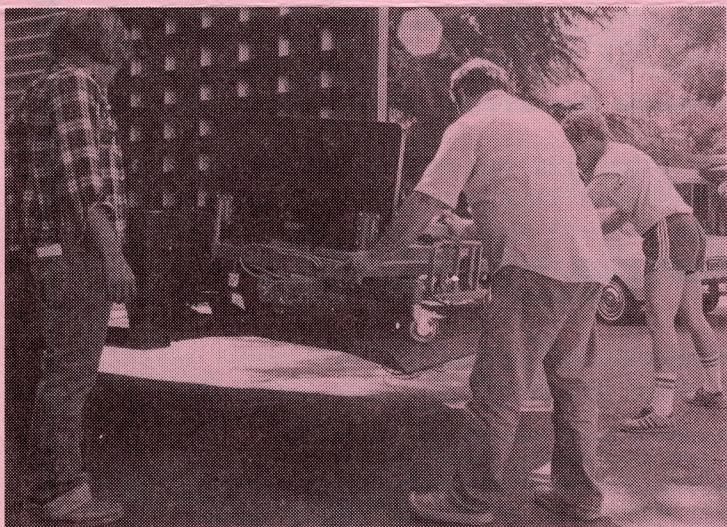
An appreciation of the nurses who struggle to work or arbitrate of Directors to the push of a button, easily attend to the low easy access in and

out of bed by the patient. Head or foot positions may be raised or lowered separately by buttons in the hand rails. These Hill-Rom electric beds are used by sixty-five percent of the nursing care field and cost \$1600 each, including a specially designed Sealy mattress. If donations permit, each fiscal quarter another five beds will be ordered until we have enough to accommodate the patients of Hillside House, the intensive care wing of Fern Lodge.

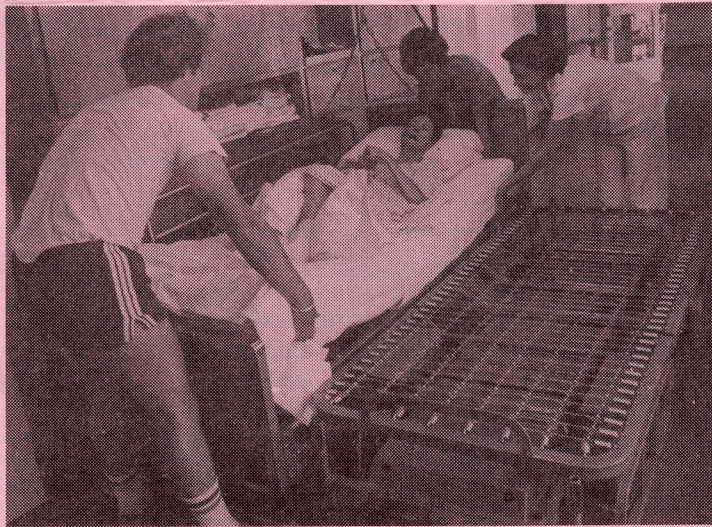


### WHAT'S IN A NAME?

By any other name our two buildings may be the same, but the recent change in names from Main House and Annex, to the more descriptive "Creekside House" and "Hillside House" gives us a lift. And better conveys the bright, colorful, spic and span beauty afforded by the past nine years' improvements and additions.



...make room for the new



...and isn't that comfortable.



FERN LODGE UNIQUE IN ITS ACCEPTANCE OF MANY MEDI-CAL PATIENTS

Dear Fern Friends:

Fern Lodge reserves half or more of its bed-spaces for Medi-Cal recipients. Why? Because we believe lack of funds during their advancing years should not force long-time Christian Scientists to enter a foreign atmosphere and submit to medical geriatric practices which may include the use of sedative drugs in place of nursing care. Also, in many medical facilities, Medi-Cal patients are separated from private pay patients, and often receive less attention.

Contrast this with nursing care in a Christian Science Care Facility where, beside the daily lesson-sermon readings, church services, and lively volunteer programs, the Christian Science nurses keep the patients as alert and comfortable as possible so they can think and pray and grow spiritually with the continuing aid of their Christian Science practitioners. Here patients receive nursing care according to their needs regardless of their method of payment. Neither the other patients nor the nursing staff is aware of what or how each patient pays.

Medi-Cal benefits pay less than \$38 per day per patient, including nursing care. To meet expenses (and remember that we are a non-profit organization), Fern Lodge must charge \$40 per day per patient for room and board, plus a recently added charge of \$10 per hour for nursing care (averaging almost two hours a day). This makes an approximate difference of \$20 per day per patient, adding up to a whopping \$7,000 per year per Medi-Cal patient that Fern Lodge must make up through a combination of raising our rates to patients who have funds and through contributions from supporters to our benevolence fund.

Our gratitude is enormous to you, the larger family of Christian Scientists who contribute to the care of these oft-times life-long Christian Scientists who continue to rely wholly on God's direction in seeing through the world's claims of aging and supply.

Support for this work may be given in several ways: 1) by use of the enclosed envelope to send a tax deductible check or money order, 2) by making regular monthly or quarterly donations, or 3) by providing for Fern Lodge in a will.

"Help us to help each other, Lord, Each other's cross to bear;  
Let each his friendly aid afford, And feel his brother's care."

Christian Science Hymnal, No. 105

Gratefully,

*Charles J. Arden*

Board of Directors

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Arliss Harmon, Hayward.



## "Close the Gap" says Quarterly Speaker.

In August, for the first time, the quarterly Staff Metaphysical Meeting was opened to the local Christian Science community. Invited, in addition to all employees and Board members, were local practitioners, volunteers and families of patients. Each was sent a letter with citations and subjects in preparation for the meeting. The day's principal speaker was MARGARET ROGERS, C.S., of San Francisco.

Her talk zeroed in on "the yielding of the human mind to the divine Mind, which closes the gap between the ideal and the actual."

She asked four pointed questions: 1) What is the right action of the mental mechanism, 2) What impedes it, 3) How is it restored, and 4) What is the result.

Her list of citations for answers in the Bible and in Mary Baker Eddy's writings is long and comprehensive. Although there is not room to list them all here, a few of her illustrations brought freshness and timeliness to the quest. Fill these in for each of the four questions.

1) Relinquishing control of the human mind, yielding to the supremacy of the divine Mind, yielding up the belief in a mind separate from God. Hence, the nurse's motto (and ours?) "I can of mine own self do nothing." (John 5:30)

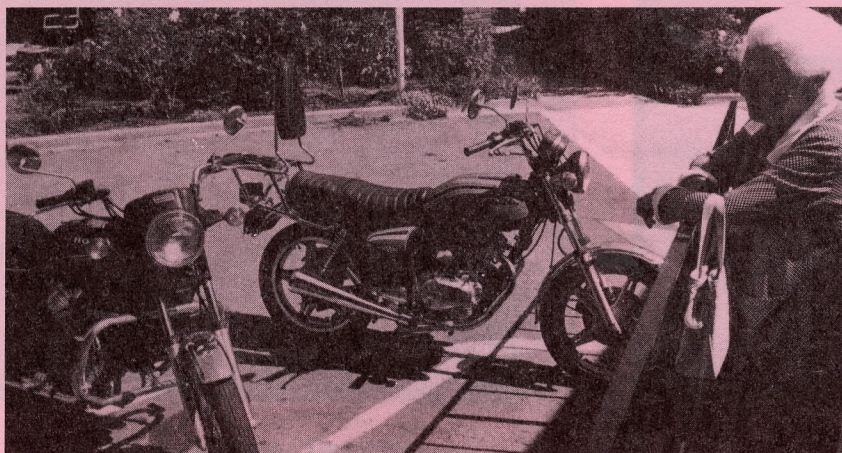
2) A belief of mind in matter. As Paul said, "My own behavior baffles me, for I find myself doing what I really loathe but not doing what I really want to do." (Romans 7:15, Phillips translation). However, Paul didn't wallow in his complaint. He follows with, "Thank God, there is a way out." Which brings us to the closing of the gap, in question 3.

3) Jesus never felt the gap that Paul did, and that was the key to his success. That is what enables a man 'to dispense with alms,' that is, reliance on anything but God. It begins in the home where health is seen not to depend upon what food is eaten, what lotions are used, what is watched on TV or how much sleep one has.

Be fresh each day with new arguments, new insights. Surprise mortal mind into giving up its claims on you. As illustration, remember the Sci-Fi story of man-against-machine, in which a computer was programmed with all the answers to every logical question. Its downfall was its surprise and resultant confusion at being presented with an illogical question. We must challenge mortal mind with the same freshness of thought.

4) Making manifest what is already true. The right action of the mental mechanism shows that the body never has been out of accord with God. The intactness of body and soul, moving in accord with God, destroys the gap.

FERN LODGE IS ABOUT THE BUSINESS OF BRIDGING THE GAP.



OVERHEARD AND RECORDED

Patient: "I've always wanted to ride one of those things. How fast does it go?"

Staff member: "Come along and see."